

DAILY WORD

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No. 5

EDITED UNDER THE SUPERVISION OF SILENT UNITY.

Stately and tall, as pictured on the cover of DALLY WORD, the Unity Campanile or Prayer Tower directs the traveler to Unity Farm near Kanaas City. Even so this little magazine daily directs your steps to the sun-tipped heights in whose glory you behold yourself as a son of God; for such you are.

For Others I Would Pray

EDITH S. LEAKE

Dear Father-God, I now have learned to pray The best, the wisest, and the only way: To pray while in the secret of my room; To pray when all seems filled with dark and gloom.

This prayer that I have learned hath come from Thee;

In quietness Thou gavest it to me.

It is for others: Help them, Lord, to hear! I pray that Thou wilt open every ear And that all men may learn to say:
"For others, Lord, for others I would pray."

Skent Unity, the healing department of Unity School, is happy to minister to every production desiring help through prayer. Requests addressed to Silent Unity, 917 Tracy Ave., Leans City, Mo., will receive immediate attention. Compensation is by love offering.

Spirit of Silent Unity

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wonderful spirit permeates, motivates, and sustains Silent Unity. It is the spirit of God's loving-kindness that dates back to the beginning of all beginnings when God placed the good world He had created in the hands of man, whom He had made in His own image and likeness.

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With loving-kindness God guided His people through wide and varied experiences. He was a light to those who sat in darkness, a strong tower of defense to those who needed protection. He was healer and health to all who turned to Him, supplier and supply to those wandering lost and

discouraged in the wilderness.

With loving-kindness God worked through the life of prophet and seer, shepherd and king, layman and teacher, parents and children, ever and always drawing the people into greater and better

expressions of life.

The spirit of Silent Unity is the same spirit that filled the Psalmist, who knew, loved, and blessed God; who taught, wrote, and sang of God as the all-encompassing presence of infinite love and wisdom.

The spirit of Silent Unity is the same spirit that through the prophet Elisha replenished the widow's meal and oil, raised the Shunamite's son, and cured Naaman, the Syrian, of leprosy.

It is the spirit that from the beginning of time has gone out in helpfulness, light, wholeness, love, and substance to illumine, heal, and provide for all people everywhere.

The spirit of Silent Unity is the spirit of healing, forgiving, providing life, of love and power that was embodied in Jesus Christ, that is embodied now in all who are willing to let this spirit be expressed. "And all things, whatsoever ye shall ask in prayer, believing, ye shall receive."

Within each heart and mind, within your heart and mind, is the same spirit of loving-kindness. It makes you responsive to the blessings of God, receptive to the good you desire, alert in helping others. God's spirit of loving-kindness works through limitless channels in numberless ways so that no one need ever lack any good thing. It works through the elements and the earth to provide light, warmth, shelter, food, and clothing. It works through each individual to bring him health, happiness, comfort, wisdom, success, and peace, and to give its good through him.

Frequently an outstanding good comes into

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t that lessed as the and some person's life. In gratitude he longs above all else to share this good with others. That is what happened in the life of Charles and Myrtle Fillmore. A lifesaving healing took place, and in gratitude to Jesus Christ they set about helping and healing others. Thus Silent Unity was brought into manifestation.

The infinite resources of divine loving-kindness were tapped, and healing love and power in constantly increasing volume began to flow out to meet increasing demands. Through the willingness of two persons to pass on the loving-kindness of God hundreds of thousands have been healed, strengthened, prospered until today it is estimated that over a million are joining Silent Unity in spreading the glad tidings of God's all-providing, healing love.

The work that began centuries ago, the love that blessed the people then, is still going forward and will continue to do so until every human need is met. With every healing, every answered prayer it increases and expands. Do you not then see the importance of your asking, of your receiving and giving of God's blessings and loving-kindness?

Thus is the spirit of Silent Unity proved; for it is a unifying spirit, making man conscious of his oneness with God in Christ, making him aware of his unity with others, preparing the way for the complete reign of Christ in the world.

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The instant you send an appeal to Silent Unity, that instant you open the door of heart and mind to the accumulated power of divine love that has healed and guided, unified and blessed numberless people. The good desire in your heart, the call of the mind for increased faith and light, the cry of the body for healing, the need for adjustment in service or supply opens the channel of receiving for you.

Whoever has it in his heart to ask has it also in his power to receive, for in the loving-kindness of God this asking and receiving are one. By asking you sound the chord of God's loving-kindness, and throughout your entire being His healing, adjusting harmony reverberates, establishing you in faith, wholeness, and the joy of achievement.

This then is the purpose and the work of Silent Unity, that in its healing ministry and faith, in its handling of letters, in its instruction and prayers the loving-kindness of God may be known, felt, and proved by all who ask until all have entered into that silent unity of heart and thought which makes all one with the Father, blessed in Christ, whole and free through Him. The spirit of Silent Unity is with you now. "Ask, and ye shall receive."

Questions and Answers concerning Silent Unity Work

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What kind of work is handled by Silent Unity? The work of the Silent Unity department of Unity School is a healing and teaching ministry. This ministry was originated to give instruction and knowledge of God as a practical, helpful presence and power, and to give co-operation in prayer to persons who cannot visit teachers of Truth in person. Experience has shown that the absence of personal contact has many advantages, chief among them being that it helps the student to forget his teacher and to place his whole reliance upon God. This also is the reason why none of the letters written by Silent Unity bear a personal signature.

Should someone next door to us or even in the same building wish our ministry, we would pray for him without seeing him just as we do for those

who write to us from distant places.

Are people actually helped through this work? During the years that Silent Unity has prayed with those who are willing to turn to God for help, we have received letters testifying to the healing of almost every known physical ailment,

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including cancer, tuberculosis, paralysis, blindness, deafness, insanity, arthritis, and so on. We have watched families adjust their lives and grow out of chaos and bitterness into harmony and peace and happiness. We have witnessed seemingly miraculous openings of employment and income where before failure appeared to be certain. It has been proved to us thousands of times that "with God all things are possible."

Does Silent Unity make any discrimination among those who apply for help?

None whatsoever. Regardless of color, race, creed, or location, regardless of political, social, or religious affiliations, every person who truly desires the help of God either for himself or another is welcomed into the prayers of Silent Unity. We never consider any person on the basis of his station in life or of the church to which he belongs. We do not ask whether or not he belongs to any church or where he lives, and we never think of him as a sick, sinful, depressed individual, but as a pure and holy child of God. We recognize that he is made in the divine image and likeness of God and that in his true self he is perfect, even as the Father is perfect.

How many persons are employed in Silent Unity?

More than one hundred workers are employed

in Silent Unity at the present time, all of them consecrated in their desire to be of service to humanity. We do not for a moment feel that we personally do the healing work. We acknowledge God as the presence and power that heals. Prayers are continuous day and night in Silent Unity, consecrated workers giving special attention to each request received. In addition we all meet together several times a day in special meetings to pray for those needing help and to gather fresh inspiration for ourselves.

We pray daily for keener spiritual discernment so that we may know better how to minister to those needing instruction and aid in overcoming some difficulty. Our work is to help the individual find God by finding the Christ within himself and to get a right understanding of God and His law.

How is the work of Silent Unity financed?

From the inception of the Unity work Mr. and Mrs. Fillmore have felt that they could no more place a price upon their spiritual advice and prayers than Jesus Christ could have done in His ministry among men. Although a nominal charge is made for the books and magazines, in keeping with postal regulations, all the rest of the Unity work is conducted on the love-offering plan. Thus from the very beginning of the work known as Silent

Unity its prayers have been offered and given without price. We trust implicitly in God to prosper this His work through His own wisely selected channels. Without exception this service of prayer has depended upon and has been maintained by the offerings of those who wish help through prayer and those who wish to help further the work of Jesus Christ.

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Every letter sent us receives the same attention and consideration as every other, regardless of whether an offering is inclosed or not. And each gift received, from the smallest to the greatest, is genuinely and sincerely appreciated.

What do you mean by people "co-operating" with you?

Our friends write to us for help in solving every type of problem of which one could possibly conceive. Not only are there many, many requests for healing of physical conditions but also requests for help in financial need, in securing employment, in passing examinations, in conquering undesirable habits, in adjusting misunderstandings and solving domestic troubles and various other problems.

When someone writes to Silent Unity for prayers, we not only take up each need immediately in prayer, but we also send a letter of encouragement or instruction, a pamphlet, and a

printed prayer that we feel will meet the need.

Perhaps you wonder why it is necessary for us to write out a prayer for another person to use. One's first thought is that anyone knows how to pray. However we have found that many persons need help along this line. True prayer is a turning toward God and acknowledging Him as the source of all health, all supply, all good. Prayer is fundamental in all spiritual healing, whether of mind, body, or affairs. Silently or audibly repeating statements of Truth is a form of prayer. We print these prayer statements on leaves and cards for the convenience of the one wishing help in order that he may keep the affirmation with him and be reminded of his prayer.

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For instance, if someone asks help in the way of guidance in his affairs we may send him a prayer similar to this: "I am a child of the living God. I am one with His wisdom. That wisdom leads me in paths of righteousness, peace, and true success." Should he ask prayers for healing, we may send him this type of prayer: "The healing, purifying, vitalizing power of the Holy Spirit is now upon me in the name of Jesus Christ." Or we may send this one: "The constructive, harmonizing, unifying power of divine love is now active in me, healing my body."

How does Silent Unity give an "absent treatment"?

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When someone writes to us for help in demonstrating some desired good in his life, we first realize that there is no separation, no distance, that we are all one in God, who is everywhere present. In this realization of the oneness and the allness of God and His good we see that there is no evil, no disease, no poverty, no disorder, no inharmony.

There is nothing secret or mysterious about the way in which our ministry is carried on. We simply enter into the consciousness of being one with the Father and one with the person for whom we are praying. We acknowledge that every person is a perfect child of God, no matter how imperfect his life may appear to be.

In conclusion, there is one point we keep always in mind: "I speak not from myself: but the Father abiding in me doeth his works." Constantly we practice the presence of God so that we may know that "in him we live, and move, and have our being." In this consciousness we are able to transcend conditions as they appear to be, and we see each individual as he is in the sight of God: pure, whole, perfect, alive, and alight with the glory of the Father's presence.

Silent Unity claims no special power that is not

also latent in you. By faithfulness in prayer and obedience to the teachings of Jesus Christ you can be healed, prospered, illumined, and blessed and through your faith you can bless others.

We do not feel that ours is a ministry to be handled only by our group of workers who are here with us in person. This is a universal work. We know that thousands of persons all over the world are just as much a part of this work as we are. Having been helped through this ministry, they help us to help others. Their prayers are helping us and ours are helping them, and such a constructive force is being generated and broadcast that anyone who "tunes in" in faith is sure to be blessed, illumined, and healed.

If you have any problem of health or finances or environment with which you desire help; if there is any question puzzling you about which you should like spiritual instruction or enlightenment; if there is anyone you know who needs the uplift of prayer and blessing in his life, feel free to write to Silent Unity, to call upon us at any time. We shall be glad to pray with you and to walk the way of Truth with you so "that in all things God may be glorified through Jesus Christ, whose is the glory and the dominion for ever and ever. Amen."

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DAY I send my blessing into the world in the name of Jesus Christ to heal, uplift, and prosper others. I am one with Christ, whose blessing rests upon the ministering spirit of Silent Unity and all organizations devoted to prayer.

Today I pray for others even as I would have them pray for me. I speak the word of life, and into the heart of Silent Unity and everyone who prays for another, into the life of all who seek healing, a strong, sweet current of new life flows that strengthens and heals. I speak the word of love, and in the work of every prayer group, in the hearts and homes of all for whom they are praying, divine love is quickened. It goes before all who need help, creating peace, comforting and assuring mind and body, finding employment, cheering homes, establishing prosperity. I speak the word with faith, and the work is done.

^{*} Inasmuch as ye did it unto one of these my brethren, even these least, ye did it unto me.—MATT. 25:40.

MY AFFAIRS ARE MANAGED AND GOVERNED BY GOD'S LAW OF DIVINE JUSTICE.

op's LAW of love and justice works both ways at the same time. If we expect to receive justice from those with whom we deal we ourselves must be fair and just and have faith in others to deal justly with us. It would be contrary to the rules of correct reasoning for us to expect justice and fair treatment from another when we are unwilling to give justice in return.

When there is a feeling of being mistreated by another individual or when there is an adjustment to be made in our life and affairs, we must seek God and have faith in His power to help us. He will enable us to look beyond appearances and see only love, order, peace, and harmony. All that seems unfair to us and brings discord and inharmony will be cleared away when our heart is set free from the thought of injustice, when we know that God governs our life in the way that is right for all.

^{*} That every man who hath any suit or cause might come unto me, and I would do him justice!—II SAM. 15:4.

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en we that is I HAVE FAITH IN GOD AND IN HIS ABUNDANCE, NOW PROSPERING ALL OF MY AFFAIRS.

MEALTH of rich ideas fills your mind and manifests itself through you so as to prosper your affairs when you realize that all that the Father has is yours to appropriate and use. Do you feel the need of greater wisdom, of better judgment in regard to your affairs, of an increase in finances? They are yours right this moment. You need only turn in confidence to God and keep yourself open to receive His blessings.

The things that the Father has are spiritual, but they can be translated into material things to meet your every need and righteous desire. Faith is the power that will bring them into outer expression in your life and affairs.

Establish your faith in the spiritual things of God; contentment will fill your soul, rich ideas will occupy your mind, energy will pervade your body, and prosperity will find expression in all your affairs.

All things that are mine are thine, and thine are mine: and I am glorified in them.—JOHN 17:10.

THE SPIRIT OF TRUE FRIENDSHIP UNIFIES ME WITH EVERYONE I MEET.

Ho is there who does not enjoy companionship? There is something in us that desires this blessing, something that makes us feel a spirit of kinship with others. There is a joyous way by which we may gain true companionship: radiating the spirit of true friendship and being aware of our unity with all persons.

No matter what may be the place or the occasion, we should always express the same qualities that we like to see expressed in others. Someone has wisely said, "The only way to have a friend is to be one." How true this is! If we would have many true friends, let us be truly friendly and companionable, willing to encourage and lend comfort and support when needed. Such friendship does not require us to give gifts of things, but it does require us to give of ourself.

The more we give of ourself in friendliness the more friendship we may receive in return. The love we send out generously to bless another returns to us later to enrich and beautify our life.

A friend loveth at all times .- PROV. 17:17.

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I TURN TO GOD IN PRAYER AND BECOME RECEPTIVE TO THE QUIETNESS OF HIS SPIRIT.

HEN THINGS of the outer world seem to disturb or disquiet you, when you find that you lack courage or calmness, you need but turn within to God's presence for counsel and help. There is a quiet place within your consciousness where you contact God, a place of such stillness that when you enter it His assurance and guidance are given you with clarity so great that it seems as if His own voice were speaking to you. When things about you are in confusion you have but to turn to this inner place of stillness and commune with God.

Sometimes you may have to make a special effort to still all outer thought or to affirm that you are receptive to the stillness and quietness of Spirit. But soon you will find yourself so immersed in this stillness that the quietness and confidence of Spirit fill your whole being and you gain control of all thoughts of fear or indecision. The solution to your problem is revealed and you are refreshed, illumined, and blessed.

Let my prayer enter into thy presence.—PSALMS 88:2.

THROUGH MY GOD-GIVEN POWERS I AM MAS-TER OF EVERY SITUATION.

N THE beginning God vested in man, His son, dominion over the whole creation. He has never set aside or withdrawn this dominion. As sons of God we have received from our Father absolute power to control our world.

No matter what difficulties may arise in our life or how alarming any situation may appear to be when judged by worldly standards, the divine strength, courage, and determination with which God has blessed us enables us to master every difficulty and to emerge victorious from every adverse circumstance.

In asserting our divine mastery it is not necessary for us to antagonize others or ruthlessly to push aside those who appear to stand in our way. Rather when we rightly exercise our power of dominion we are enabled to bring order out of chaos, to direct every activity into its proper channel, to establish harmony with our associates and coworkers, and to help bring success to everyone concerned.

Thou makest him to have dominion.—PSALMS 8:6.

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I AM A SPIRITUAL BEING, AND I EXPRESS MY DIVINE BIRTHRIGHT OF WHOLENESS.

MONDERFUL it is when a person realizes that as a child of God he has inherited perfect health. This realization immediately changes his whole outlook on life, and his body takes on new vigor and new vitality.

Illness is not a part of the true spiritual man. Certain maladies and conditions have been created by man's erroneous thought and are considered by him to be incurable. However even the most serious illnesses and those apparently incurable are quickly and completely dissolved by the healing power of God. This is irrefutable proof that they are not real, not permanent, not a part of the Christ man.

Man is a spiritual being, his body is spiritual, and perfect health is the natural state of his body. When we realize this Truth and lay hold in consciousness of the idea that we are Spirit, harmonious and perfect, our body expresses its divine birthright of wholeness in every part.

[♠] I will restore health unto thee . . . saith Jehovah.

—Jer. 30:17.

THE FAITH OF JESUS CHRIST INSPIRES ME TO BE FAITHFUL.

HE FAITH of Jesus was the unfaltering conviction that all things are possible. It was His assurance of this, based on His knowledge of God's plan of good for man, that was His divine power. His faith made Him invincible.

Such a faith as Jesus had is not beyond our reach. True, we are not expected to reach His faith overnight, but we have before us the opportunity to develop such a faith. We can take each of the problems that may present themselves, and through believing that they can be met and that God is our Silent Helper to meet them we shall gain increasing faith. A faith proved in meeting many small problems develops the faith to meet any problem.

There are no real barriers outside of ourself. If we believe that God has prepared a perfect way, we shall find that what seems to be an obstacle is removed or so diminished that we find the way to be actually easy.

[•] All things are possible to him that believeth.—MARK 9:23.

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THE JOY OF SPIRIT FILLS MY LIFE AND I EXPRESS JOY IN EVERYTHING I THINK AND DO.

HEN YOU realize that you are a child of God, that all that the Father has is yours through prayer and understanding, joy naturally fills your soul. Joy brings with it new strength. No matter what situation you are called upon to meet this day, you can overcome it through the strength of joy. As you meditate upon the idea of joy you will feel within yourself the encouraging strength of joy. Those about you—your loved ones at home, your associates at the office, your contacts in business—all feel the friendly spirit of the joy you carry with you, and you are strengthened to live harmoniously, successfully, and triumphantly!

The joy of the Lord is a wellspring of good within you. Abide this day in the consciousness of spiritual joy and you will brighten your whole world. The spiritual blessings of health, prosperity, and happiness will come to dwell within your happy heart and will overflow into your environment. Rejoice!

^{*} I will be glad and exult in thee.—PSALMS 9:2.

I ABIDE IN CHRIST AND MY WORD IS POWER-FUL AND SUCCESSFUL.

E ABIDE in Christ when we are unified with the same consciousness of Divine Mind that Jesus had. The divine ideas and words that we express contain the divine essence of power and substance. When we speak these words of God they energize everything toward which they are directed.

Abiding in the consciousness of Truth, we have all authority to command whatever we desire. We have but to speak the word of authority to see made manifest before us the very thing commanded. Jesus knew this law of the word so thoroughly that it was quite easy for Him to make manifest whatever He wished.

You have power through your word to accomplish all things. Your power to work in this way is unlimited. If you will exercise the power of the word you will find that your power will increase. Nothing will be too difficult for you.

[€] If ye abide in me, and my words abide in you, ask whatsoever ye will, and it shall be done unto you.—JOHN 15:7.

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GOD IS THE ONLY PRESENCE AND POWER IN MY LIFE. I PLACE COMPLETE DEPENDENCE ON HIM.

TOFTEN seems difficult to trust God wholly because we have so long placed our dependence on various things that change. Many persons look to the wisdom and intelligence expressed through others to guide them. There are some who lean frequently upon material means in their search for health. There are many who resort to stimulants for pleasure, energy, relaxation, and inspiration. Others feel that the world owes them a living, an attitude that has made them a burden and a problem to society.

The day when we are deprived of some of these material props or decide voluntarily to become more independent of them is indeed a day of spiritual awakening for us. If you can decide of your own free will to give up something to which you have felt bound, it is joyous evidence that you are emerging from the shadows of bondage into the more illumined way of dependence upon God.

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^{*} I am Jehovah, and there is none else; besides me there is no God.—Isa. 45:5.



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Lord Christ, across the years the throngs still come to Thee,
And as Thy ministers in them we see
No ill they claim; but with a faith made bold
Thine own perfection in them is what we behold.
Come forth, O Christ, and let them hear this day
Thy voice within, and know that Thou dost say:

"Ye fearful, it is I, be not afraid.
Who seeks for wisdom? God hath all things made.
Ye heavy laden, I will give you rest.
My peace I give to you who are oppressed.
If any lack, bring vessels for your store.
Who would forgiveness seek, go, sin no more.
Ye silent tongues, be loosed that ye may talk.
Ye lame, arise, take up your bed and walk.
Deaf ears, be opened, heed and learn of me.
O blinded eyes, receive your sight and see.
Ye sick, be healed, your faith hath made you whole;
Ye dead, arise, ye are a living soul!"

With Thee, O Christ, we thank the Father who hath heard,
Who always hears when Thou dost speak the word.
In Thine own name, Amen.

I HONOR THE FATHER TODAY BY POURING OUT MY LOVE AND BLESSING UPON ALL MOTHERS.

It is right and fitting that we acknowledge and honor the love of the Father that finds expression through the mother hearts of the world, and that we observe a special day of recognition. However we need not and we should not limit our devotion to the one whose loving care we have known. While we are remembering the one closest to us, let us also remember and give thanks for God's infinite love that through the heart of every mother flows out in tender love, unselfishness, and blessing to all mankind.

Today as we pay homage to Mother, whether it be our own beloved mother, someone else's mother, or the universal spirit of mother love that dwells in every individual, we are in Truth magnifying the Father whose love is from everlasting to everlasting. His benediction rests upon every mother in the world, and in His name we pray: "God bless you, Mother, on this day, and may His love watch o'er you every day."

[#] Honor thy father and thy mother.—Exod. 20:12.

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I AM CONTINUALLY INSPIRED THROUGH MY UNITY WITH GOD'S ILLUMINING PRESENCE.

AVE YOU sometimes wished that flashes of sudden inspiration or bright, new ideas such as you experience at certain times might recur more often? The truth is that the inspiration you desire is constantly available to you. God is the source of all inspiration and all creative thought. His presence is ever with you.

In the moments of inspiration that you have experienced previously you have made contact with God and received illumination from Him. Rather than avail yourself of divine inspiration only occasionally, why not utilize this power constantly? You may be assured of the continued inflow of divine inspiration to the extent that you realize your oneness with God. The practice of prayer is the most helpful way of acquiring a sustained realization of unity with God. Today if you seek new ideas or better ways of using your talents and abilities, if there is any problem perplexing you, turn trustingly to God and you will be inspired. His illuming presence within is your light.

In thy light shall we see light.—PSALMS 36:9.

I AM ETERNALLY ESTABLISHED IN THE UN-CHANGING TRUTH OF GOD.

To PUT ourselves and our affairs under the principle of God is to assure ourselves that all things are overshadowed and managed by the divine. In absolute truth we have never been separated from God, and His principle has always been operative in our lives. Since we have not been conscious of this high truth, we have allowed beliefs in other powers to dominate our affairs. Regardless of what we have thought about the matter, the Truth of God always has been, is now, and ever will be the only Truth.

The Truth of God is the great truth that man is like God, whole and perfect, that man is never separated from God, that God dwells within man, that man is not a thing of disease and adversity but is Godlike in every respect. The truth of man's Godlikeness is similar to the truth that two and three make five. There could be no situation in which this sum would vary. In absolute truth there is no circumstance in which man is unlike God.

^{*} That which hath been is now; and that which is to be hath already been.—ECCLES. 3:15 (A. V.).

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MY EYESIGHT IS SPIRITUAL AND I SEE CLEAR-LY AND EASILY.

Someone who discerned spiritual truth once said that we see not alone with the physical eyes but also with the inner perception of the mind. Getting back to the divine source of sight, we may therefore declare our mental and spiritual vision with a sure faith.

An idea taken up in mind works on the cells of the body, and an idea about the eyes works on the cells of the eyes. The right idea relaxes all tension in them and you rejoice as you use them easily and freely for reading, for work, for anything that fulfills their God-appointed mission. Let no negative thought of failing eyesight enter your mind this day. Declare that your eyesight is spiritual and therefore cannot fail. The truth of your prayer helps you to feel the peaceful, soothing life as it washes away all impurities, adjusts the vision, and renews the cells and tissues. Rejoice in your sight this day, and give thanks that God sees His perfect and good world through your perfect eyes.

[•] Open thou mine eyes, that I may behold wondrous things out of thy law.—PSALMS 119:18 (A. V.).

THROUGH CHRIST WITHIN I FORGIVE QUICK-LY AND EASILY.

ANY OF US are prone to give up to unhappiness because we hold too closely in our remembrance the little things that have hurt us. It may be an unpleasant circumstance in connection with another person or it may be a little act of thoughtlessness.

If we will turn within and recognize the Christ presence implanted within the heart of every individual we shall find that we can forgive all unkind things that have been said to us or about us, and we can forgive every act of another that has caused us unhappiness. Each time we have an opportunity to forgive someone it is a chance to prove that we have grown enough in the Christ way of love and understanding to be able to meet the various tests that come to us, such as losing faith in another or condemning ourself for some shortcoming. As we let go of all thought of grudges and resentments our mind and heart is opened to the forgiving love of the Christ.

E For if ye forgive men their trespasses, your heavenly Father will also forgive you.—MATT. 6:14.

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STRENGTHENED BY THE POWER OF CHRIST, I MEET ALL PROBLEMS TRIUMPHANTLY!

If you will steadfastly, diligently, unwaveringly employ the idea in today's lesson you may be sure that you will overcome any problem, large or small, that may at this time offer a challenge to you.

When you have a problem to meet, at least half of your goal is achieved if you can hold to the right attitude about it. Many people never get this far. Their thinking is clogged by the erroneous conception that they attract their unhappy experiences to themselves because of their shortcomings.

It is not what problems you meet but how you meet them that is important! If you will look upon each test and challenge in your life as an opportunity to prove God and to make use of the Truth you know, you will turn every problem into a steppingstone to perfection. You will be stronger for whatever you are called upon to face in the future. You will be gloriously triumphant in every situation!

[♠] I can do all things in him that strengtheneth me. —PHIL. 4:13.

AS I TURN TO CHRIST WITHIN, EVERYTHING DISTURBING IS SILENCED AND MY WORLD BECOMES PEACEFUL.

THEN THINGS of the world tend to disturb our peace of mind, we should turn to the Spirit of Christ within. In His presence is peace and quiet. No inharmonious condition can for long exist in our world when we become willing to let Christ in us come forth.

When we allow fear, doubt, and inharmonious conditions to disturb us, there is a greater need for increased faith in Christ, for a deeper realization of His love. We must know that only Christ can rule in our life, in the lives of our neighbors, in our nation. Thus we cease to believe that things that exist in our world can affect our peace.

The still, quiet presence of Christ in our midst is all-powerful, all-loving, and all-conquering. By realizing that He rules supreme in our life we derive power to command peace and harmony to be established, and it is so.

[♣] The work of righteousness shall be peace; and the effect of righteousness, quietness and confidence for ever.—ISA. 32:17.

I DECREE, LET THERE BE LIGHT, AND LIGHT AND UNDERSTANDING ARE MANIFEST.

HY SHOULD you have darkness and confusion when by your own decree you can fill your mind, your heart, your whole life with radiant light? There is no real darkness anywhere in the world, for the light of Spirit shines clearly and steadily, bringing illumination and understanding to all who will see.

Are you facing some clouded issue? Is your mind filled with doubt and misgivings, making your way seem dark before you? Then unite yourself with your indwelling Christ Spirit and decree as this month's class illumination statement outlines: "Let there be light." Meditate daily upon this word for the next thirty days and let God's light shine through your mind to give you wisdom and guidance. Let His light shine through your heart to bring you peace and contentment. Let His light shine through your words and actions that all those whom you contact may recognize you as a radiant child of God, a center for His light.

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[♦] And God said, Let there be light: and there was light.—GEN. 1:3.

Affirmations

COMPOSED BY

Charles Fillmore

AND USED BY

The Society of Silent Unity

MAY 20 TO JUNE 19

Daily at 11 a. m. join us in this thought for spiritual ILLUMINATION . . . I decree, Let there be light, and light and understanding are manifest.

At high noon each day concentrate your attention on this thought for

PROSPERITY . . . My mind is filled and satisfied with Thine all-infolding substance, and all things are added.

At 9 p. m. each night let us acknowledge the power of Spirit for

HEALING... All-infolding God love and protection frees me from every thought of fear, and I am strong and well.



MY MIND IS FILLED AND SATISFIED WITH THINE ALL-INFOLDING SUBSTANCE, AND ALL THINGS ARE ADDED.

HY SUBSTANCE is all-infolding, Father. It fills my heart and I cannot be conscious of lack in any phase of my being. It fills my mind with ideas that I use to bring Thy bounty into manifest expression in my life. It fills my affairs so that wherever I turn or whatever I do I see only Thy richness.

All that I need of material things is added to me because of my consciousness of Thy rich bounty. My home is Thy dwelling-place and is therefore filled with beauty and abundance. My work is service for Thee and I am prosperous and successful. My friends and loved ones are joint heirs with Jesus Christ to Thy kingdom of plenty and cannot lack for any good thing. I thank Thee, Father, for this generous outpouring of Thy substance, and I pray that I may use it to Thine honor and that Thy wisdom and good judgment may guide me at all times.

But rather seek ye the kingdom of God; and all these things shall be added unto you.—LUKE 12:31 (A. V.).

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ALL-INFOLDING GOD LOVE AND PROTECTION FREES ME FROM EVERY THOUGHT OF FEAR, AND I AM STRONG AND WELL.

HE THOUGHT of God's love as an all-infolding, all-protecting presence brings a wonderful release from fear thoughts of disease. If you are safely infolded in and surrounded by God's love, then surely sickness and weakness

cannot come near you.

Take time then each day to imbue your consciousness with knowledge of the Father's protecting love. Let His vitalizing life permeate every cell of your body, charging you with new health and energy. Dismiss from your mind every thought of fear concerning your body and know that because it is an expression of God's life it cannot be weakened or diseased in any way. Declare steadfastly that you are strong and well, and His life will manifest itself continually and perfectly through you. Let Him live through you and express Himself through you so that you may be conscious always of His unending life and strength.

[•] For as the Father hath life in himself, even so gave he to the Son also to have life in himself.—JOHN 5:26.

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THERE IS NO LACK OF TIME, FOR I DWELL IN ETERNITY NOW.

ANY TIMES we hear the statement "If I only had time I would do that." Is the belief in a lack of time keeping you from accomplishing a desired purpose? Then stop for a moment and remember that you are in eternity now. In eternity there assuredly can be no shortage of time.

Hours, weeks, months, and years are units of measurement that man has adopted for his use and convenience. They are intended to be your servant, not your master. Why allow them to disturb your peace of mind and cause you anxiety? You do not need more time but a greater realization of order in the use of your time. Why not give the minutes or hours spent in worry or fear to wholesome, constructive thought and activity? Why not devote the odd moments spent in idle thought or conversation to self-improvement? If the belief in lack of time seems to hinder your progress, examine yourself and see if worry, procrastination, or the lack of purpose may not be the cause.

Behold, now is the acceptable time.—II Cor. 6:2.

I DO NOT CRITICIZE OR CONDEMN MYSELF, OR OTHERS, OR CONDITIONS. I AM CONSTRUC-TIVE IN THOUGHT, WORD, AND DEED.

VERY INDIVIDUAL existing upon this earth is a free soul, and must be left free to express himself according to his individual guidance. No one has the right to hold another in bondage through fear, criticism, personal opinion, or parental or personal love.

If we are reaping a state of inharmony, we should look to ourselves and seek the cause and not blame it on others or on world conditions. We experience only that which we ourselves create in our life and affairs. The natural question arises "How can I overcome conditions?" The answer is: Pray. Pray with an open heart. Cleanse your mind of all limiting, critical thoughts concerning yourself, your friends, outer conditions, and circumstances. Be a positive child of God. Let go of every negative thought and replace it with a strong, positive one, and pray that you may be lifted up into a new consciousness of love, wisdom, peace, and understanding.

^{*} Neither do I condemn thee .- JOHN 8:11.

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TODAY I PRESS FORWARD WITH COURAGE AND CONFIDENCE IN ALL MY UNDERTAK-INGS.

AS ANYONE ever said to you, "In order to succeed in any endeavor you must have the courage of your convictions"? Perhaps it would be well to pause and find out just what your convictions are. Sitting in the silence is a good practice, but analyzing things out loud is also good at times. It is remarkable how simply speaking a statement aloud often clarifies it as nothing else does. Sometimes you will find that you are saying something that you do not really believe or that you are not wholly convinced of. Here then lies your first work. Determine what your convictions are and what they should be in the light of your best searching. Then you are ready to press forward confidently.

What a splendid sequence: conviction, courage, confidence. Say it over several times, feeling the force of it, its urge, its inspiration. Use it to strengthen your inner assurance and ability.

Press toward the mark for the prize of the high calling of God in Christ Jesus.—PHIL. 3:14 (A. V.).

I AM ETERNALLY YOUNG IN SPIRIT, AND I EXPRESS THE YOUTH OF SPIRIT NOW.

A GE IS a thought in race consciousness that has no reality in Truth. Through Christ we are all children of God, and God is ageless. We can overcome the race thought then by letting God renew us daily.

Realizing today that you are a spiritual being, eternally young, you can let go old states of consciousness. You can get away from old and limiting ideas of yourself or others. The use of new ideas in your life and affairs will help you raise your consciousness to an awareness of the eternal renewal that is yours as a child of God.

As the mind is renewed so the body takes up the idea of eternal youth, and every function of the body is revitalized, restored, and renewed.

Accept the challenge of your divine heritage, child of God! Accept eternal youth as a fact in your life, and every day you will graciously, vitally, and gloriously manifest the fresh life that rebuilds your body, renews your consciousness, and expresses your true spiritual nature.

Rejoice . . . in thy youth .- Eccles. 11:9.

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"BE STILL, AND KNOW THAT I AM GOD."

BE STILL, and know that I am God." It is the Father who speaks to you. In your own heart there is a place to which you can retreat for communion with Him, a place of peace to which you can turn from confusion and perplexity and find the poise and tranquillity of spirit that you desire.

"Be still, and know that I am God." Not through our human understanding or our human powers do we attain our good, but through letting go of our doubts, our limiting personal claims, our

troubled thoughts, and turning to God.

"Be still, and know that I am God." Know it now. Know it in all that you think and do and say. Let this thought pervade your consciousness. Let it be with you every moment. Let it be with you to infold you, to lift you up, to strengthen you, to give you poise, to lead you in ways of light. Through all this day on the street, in your work, about your home, wherever you go, whatever you do, you can become still, and instantly God will be with you, a real and living presence in your life.

Be still, and know that I am God .- PSALMS 46:10.

I LEAVE BEHIND ME ALL THOUGHT OF THE PAST, FOR TODAY IS A NEW BEGINNING.

o YOU awaken in the morning feeling apprehensive about what the day may bring or weighted down by remembrance of what you experienced yesterday? Do you feel that today is just another weary round that somehow must be lived through and endured? Then you must learn to leave behind you the mistakes of yesterday and live in the realization that God has brought you into the beginning of this new day, that He will guide and direct you.

Many of us are prone to say, "The past is gone; today is a new day." But how few of us really live fully believing this statement. The past is gone and today is a new day only when we carry nothing into it from days that have gone before.

The past with its joys and sorrows will recede from you if you do not hug it too closely to your heart. Each day is a new day, a new beginning, a new experience and should be met with joyful anticipation.

^{*} They are new every morning; great is thy faithfulness.—LAM. 3:23.

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GOD IN ME ILLUMINES MY WILL.

HE KEYNOTE of Jesus' prayer was "Not as I will, but as thou wilt." He sought to keep His will free from personal desires and to know that it was spiritually illumined. When spiritual understanding illumines the will it is no longer personal; it is the will of the Father. The will is not to be subjugated; it is to be educated.

When one's will is governed by personal desires and ambitions, one may be said to exercise personal will. When spiritual understanding shines through the will, the will is the channel for the expression of the Father. Take the stand that you know what to do at all times. Depend upon the guiding light of Spirit within and be willing to be obedient to Spirit's direction.

The higher consciousness in you is always right. Willingness to follow its dictates will always bring you good. Live in the consciousness that only that which is highest and best can direct or persuade you. God's will in you is good will. It prompts you to a realization of all that is high and noble.

1 delight to do thy will, O my God.—PSALMS 40:8.

I AM OBEDIENT TO THE HEAVENLY VISION.

of God. This freedom however is not license that allows him to indulge every impulse and gratify every whim. Only as he learns to obey the heavenly vision of perfection in thought and deed can he learn how to think, speak, and act divinely and thus fulfill God's perfect plan. The heavenly vision calls us to express the radiant nature of Christ, urges us to drop all un-Christlike thoughts and practices, and to "put on the new man," the character of a Godlike man. As we obey the heavenly vision we shall no longer behold imperfection, nor will we pass judgment on others.

To what should we give obedience? To the holy demands from on high or to the impulses and inclinations of the sense nature? If we obey the lesser we shall be bound to the inharmonious effects arising from it. When we obey the divine demands we daily gain greater freedom from the flesh and find heavenly conditions coming forth.

^{*} Though he was a Son, yet learned obedience.—HEB. 5:8.

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FIXING MY ATTENTION ON INFINITE GOOD, I AM RADIANTLY OPTIMISTIC.

UR LIFE can be a song of joy or a dirge of sadness according to our own choice. The secret of a happy, Truth-filled life is to learn to choose out of our experience everything joyful and praiseworthy and be grateful for it and to drop from our mind every thought of negative things. Instead of fretting over the thorns that may appear on our path let us see the roses blooming among the thorns. No matter what may appear negatively, there are so many evidences of goodness that we should give all our time to thinking of this goodness and enjoying it.

Happy is the man who develops the habit of seeking in every waking moment such evidences of God's presence made manifest in various ways as kindness, love, service, helpfulness, and so on. Whatever our experience may be, we may choose from it that which is constructive and uplifting to think about. As we seek the good and give it our whole attention we shall be radiantly optimistic.

^{*} Butter and honey shall be eat, when he knoweth to refuse the evil, and choose the good.—Isa. 7:15.

I REJOICE AND GIVE THANKS FOR GOD'S GIFT TO ME OF HEARING.

Because my ears are consecrated to hearing only Truth I hear and heed the voice of God. I listen intently for every sound expressive of beauty and goodness, and I refuse to listen to any suggestion of negation. Because there is much worth listening to wherever I am, I keep myself in a listening mood, eagerly receptive to that which is best. I rejoice that hearing is not dependent upon physical conditions alone but upon mental sensitivity. I hear easily and without strain, for God enables me to hear the slightest sound accurately. I place no mental limitations on my ears, knowing that nothing can truly interfere with what God has made.

My hearing is attuned to the melody of all happy things, to all that reveals gladness and joy. I no longer resist sounds of any kind, and my hearing becomes keener, more alert and acute. God has given me ears with which to hear, and His Spirit now blesses me with perfect hearing.

Blessed are your ears . . . for they hear.—MATT. 13:16.

Letters from Grateful Users of the Prosperity Bank Plan

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ASSURANCE OF The good that has come to me and my family through trying to use and understand the drill is wonderful. Good has come to us from many directions. We are especially grateful for the feeling of assurance of God's nearness and protection.

—M. D. C.

PEACE AND

The Prosperity Bank drill has satisfaction. It has taught me to rely on God for my support, not on man, to trust Him and to realize that I am one with Him. He never forgets to supply my needs.—E. S.

AN INCREASE I must tell you the results I reIN PAY ceived from using the Prosperity

Bank, my fourth one. Each one has given me
joy, this one in particular; for I prayed that
my husband might get an increase in pay,
which he did—a ten-dollar raise.—Mrs. F.
I. M.

This plan brings rich blessings to many a Unity student

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THE PROSPERITY BANK PLAN—as you can see from the letters on the previous page—both opens the way for easier finances and brings greater assurance of God's nearness and protection.

The seven-week drill is simple, but it has extraordinary power: day by day it helps you concentrate your thoughts on spiritual riches and thus quickly brings these good things into your life.

The coupon below will bring you a Prosperity Bank with full instructions for its use. In addition the coupon has space for ordering three gift subscriptions for Daily Word. Many Bank users report that saving in their bank to share Truth with friends adds to the benefit of the drill.

	Please send me a Bank with full instructions. During the \$3 for Daily Word gift subscriptions to three friends		n-week drill I will
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Charles Fillmore points the way to Health and Plenty in these two books



MR. FILLMORE wrote this book after fifty years of study and practice of the principles laid down by Jesus Christ, the Great Healer. He shows you how to open your mind to the inflow of power from on high that heals all disease of both mind and body. Of this book a New York businessman says: "Jesus Christ Heals has in it that which should appeal to all to whom a true

scientific presentation appeals. I expect to see this book in its millionth edition, because we are going to have a tremendous demand for this sort of literature in the next few years, and it would appear that nothing could better meet the demand than this particular book."

PROSPERITY in its true sense means well-being or the possession of health, peace, love, joy, success, plenty. But whether you attain this happy state depends on the ideas that you have in your mind. In his book *Prosperity* Charles Fillmore tells you how to cultivate the rich ideas that attract your good to you. He goes deep into the subject of prosperity, setting forth the prin-



ciples of divine supply and showing you how to put them to work in your life and affairs.

> Jesus Christ Heals and Prosperity come in cloth binding at \$1 each; in black flexible binding at \$2 a copy.

Unity School of Christianity, 917 Tracy, Kansas City, Mo.

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